# IDENTITY SPECIFIC MENTAL HEALTH RESOURCES



# **BLACK RESOURCES**

- The Mental Health Coalition
- Multiple Black Mental Health Resources
- Black Emotional and Mental Health
- <u>Collective</u>
- <u>Black Mental Wellness</u>
- Black Mental Health Alliance
- <u>Black Men Heal</u>
- Sista Afya Community Mental Wellness
- <u>Therapy for Black Girls</u>
- Assoc. of Black Psychologists
- <u>Aakoma Project</u>
- Boris L. Henson Foundation
- <u>Innopsych</u>
- The Loveland Foundation
- <u>Ourselves Black</u>
- <u>Black Female Therapists</u>
- Inclusive Therapists
- <u>Melanin & Mental Health</u>

# LATINX RESOURCES

- Latinx Mental Health Resources
- Latino Behavioral Health Services
- Latinx Therapy
- <u>SanaMente</u>
- <u>Healthy Americas</u>

### INDIGENOUS RESOURCES

- Indian Health Service
- <u>One Sky Center</u>
- <u>We R Native</u>

# **AAPI RESOURCES**

- Asian Mental health Collective
- National Queer Asian Pacific
- Islander Alliance
- Asian Mental Health Project
- <u>South Asian Mental Health Initiative</u> <u>& Network</u>
- National Asian American Pacific
- Islander Mental Health Association
- <u>South Asian Therapists</u>
- <u>Asian & Pacific Islander American</u> <u>Health Forum</u>

# LGBTQ+ RESOURCES

- <u>LGBTQIA+ Behavioral Health</u> Resources
- <u>Utah LGBTQ+ SafeZone</u>
- National Queer and Trans
- Therapists of Color Network
- <u>The Trevor Project</u>
- National Center for Transgender

#### <u>Equality</u>

- <u>ÀGLP</u>
- <u>Trans Lifeline</u>
- <u>Q Card Project</u>
- National Hotline
- <u>PFLAG</u>
- <u>GLMA</u>
- SAGE Advocacy & Services for
- LGBT Elders
- Youth Talkline
- <u>It Gets Better</u>



Scan the QR code to see the digital version of this flyer that takes you to each link

